



*"In 10 sessions you will feel the difference,
in 20 session you will see the difference,
and in 30 sessions you will have a new body."*

- Joseph Pilates

PILATES PRICE LIST

PERSONAL TRAINING

PRIVATE SESSIONS - A one-on-one session with you and instructor

Single Private Session \$60
Ten Private Sessions Package \$580 / \$58 per session

SEMI PRIVATE SESSIONS - Two students at the same level per instructor

Single Semi Private Session \$40
Ten Semi Private Sessions Package \$365 / \$36 per session

GROUP CLASSES

REFORMER CLASS - Up to 4 students on the Reformer apparatus for 55 minutes

Single Reformer Class \$27
Ten Reformer Classes Package \$250 / \$25 per session

SPECIALS

'NEWBY' SPECIAL - Curious about Pilates? Our 'Newby' introductory special will introduce you to the Pilates apparatus and familiarize you with the foundation breathing, movement and language of Pilates.

2 Private Sessions \$99*

**First time clients only, good for six weeks.*

'RED CARPET READY' - For the Pilates enthusiast. *With a body like this, no one will be looking at your great personality.*

30 Private Sessions \$1650* / \$55/per session

**Good for 90 days*

COMBINATION PACKAGES

Five Private Sessions & Five Reformer Classes \$400 (\$35 savings)
Five Private, Five Semi Private & Five Reformer Sessions \$600 (\$30 savings)
Five Private Sessions & Five Semi Private Sessions \$475 (\$25 savings)

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Unless otherwise noted, all packages are good for four months from date of purchase.
No refunds. No exceptions.

Cancellations require 24-hour notice to avoid being charged for the full session. All reservations require a credit card number to hold space. If you do not show up, your credit card will be charged.

Rates are subject to change and may vary slightly from instructor to instructor.